



**THANKS** to all our *amazing* 4-H Youth, Volunteers, Leaders & Supportive Community Members — the 2012 NWMT Fair was a **HUGE** success!

## End Of The Year Award Celebration Pig Roast & Potluck

*Please join us as we Celebrate our 2011-2012  
Accomplishments and Commemorate 100 years of Montana 4-H!  
Together we will Honor the Past, Celebrate the Present, and  
Explore Possibilities for the Future.*

Please bring a side dish with a serving spoon to compliment the pig roast.  
Dessert will be provided for your enjoyment!



*Expo Building, Flathead County Fairgrounds  
September 22, 2012 -5:30pm*



Please call us at 758-5553 or  
email  
[extension@flathead.mt.gov](mailto:extension@flathead.mt.gov) to let  
us know how many from your  
family will be able to attend.

### **Market Livestock Buyer “Thank You” Procedure Fol- lowing the Sale**

**Don't forget to thank your buyers.  
IT'S IMPORTANT!!**

Photos for your buyer's thank you are at the  
Extension Office. Once a member delivers a  
“thank you” photo/gift to their buyer, **they**  
must return the confirmation form to the  
Extension Office by December 3rd.



If you have pictures of 4-H'ers during  
the fair, we would love to use them in  
our end-of-year award ceremony on  
Sept. 22<sup>nd</sup>.

Feel free to either email (if you have  
just a couple) or save them on a disk  
or memory stick and drop them off at  
the Extension office.

It would be helpful to get these before  
Sept 14<sup>th</sup> so that we'll have time to  
compile them.

 is **AMAZING!**

# Flathead 4-H Foundation Grand Champion Recipe Cook Books

## Available Now!



Books can be purchased at the Award Ceremony or at the Extension Office. Cost is only \$10.00 and all proceeds go to the Flathead 4-H Foundation.

*Makes a great gift during the holidays!*

### *4-H Members in their community...*

On July 28th, 10 members of the Dandy Dudes and Dolls 4H club went to work cooking for the community kitchen in Kalispell. They prepared desserts at home and then cooked cheeseburger salad and fruit salad for 79 people. The kids had a great time serving the people and interacting with others. One of the 4-H members observed a guest sharing her meal with someone who arrived late. The kids realized that it is difficult to see people in our community who don't have enough to eat every day. One of the kids even said that she wanted to give all of her hog money to help the hungry.

Flathead County will be hosting two free PBS community screenings of the new documentary  
**"4-H: Six Montana Stories."**

This is a great opportunity to see an **INCREDIBLE** 4-H program about real Montana kids on the big screen – **perfect for the entire family!**

### **4-H: Six Montana Stories**

Follow six young Montanans as they learn that 4-H is about having fun - but being responsible about it. It's about refusing to give up on the runt of the litter, staying up all night to bottle feed a sick calf while knowing someday you'll have to say goodbye. It's about knowing where you're headed but never forgetting where you've been. And it's about pledging your head, your heart, your hands, and your health - not for yourself but to help others.



**Monday, 9/17/12, Columbia Falls High School auditorium, 7pm.**

**Thursday, 10/4/12, Flathead Valley Community College, Arts & Technology Building (Room AT139), 7pm.**

**Both events are free and open to the public. We hope to see you there!**



## Putting your garden to bed!

Even though the days are still warm and sunny, it is time to think about getting your trees and plants ready for winter. Rake up all leaves from your trees. If you have had leaf spots or powdery mildew on your leaves, do not put them in the compost pile. Often, compost piles do not get hot enough to kill pathogens. Raking your leaves also helps the lawn by insuring that oxygen gets down to the grass, that moisture doesn't build up over the winter and it reduces habitats for rodents. Speaking of lawns, cut the lawn short – about 1" – on your last mowing. This helps prevent snow mold and other lawn thatch disease.



Young trees may require staking to prevent them from being pulled over by the wind or ice. Tree wrap or white paint applied to the bark can also help young trees avoid sun scald. Scald happens when the sun shines on young bark on sub-zero days and causes a split.

With the dry summer that we are experiencing, hopefully you have been watering your mature trees. All irrigation of trees should be suspended after mid-September. Continued watering could encourage new growth and prevent the tree from hardening off before winter. One last deep watering in mid-November, after the trees are dormant, is beneficial to help them through the long winter.

All vines, old fruit and plant stalks should be removed from the vegetable garden. Again, if you have had powdery mildew on your squash or other plants, do not put these leaves in the compost. Now is a good time to add organic matter and sulphur to the garden. Sulphur reduces the pH of the soil to levels more suitable for vegetable plants and takes some time to break down. Fall is a good time to apply. Organic matter such as compost, leaves and straw can help the soil to hold water and nutrients. Make sure that the straw was not been treated previously with herbicides to prevent weeds.

Gladiolas, tuberous begonias and dahlias need to be removed from the soil, trimmed back and stored in a cool, dry place. These plants can be replanted in the spring once the soil warms up. Spring bulbs such as tulips, daffodils and crocus can be planted in October or early November. Adding bone meal to the hole when planting encourages a good root system for new bulbs. Spring flowering bulbs can remain in the soil all year.



Now is the time to make notes for next year on varieties that you enjoyed and those that you do not want to try again. It won't be long until those seed catalogs will fill the mail box and you'll be planning for the coming season.

Fall is an excellent time to register for the Master Gardener class which is offered every January through March. Classes are 2 hours a week for 8 weeks. Topics include lawn care, fruit trees, vegetables, small fruit, pruning, annual and perennial flowers, soil fertility and plant physiology. Classes in 2013 will be held in Whitefish on Thursdays 3:00-5:00 pm. Call the Extension office for more details.



# Upcoming 4-H Meetings and Special Events

## **Forums, Committees & Councils**

- **AG/ Large Livestock Committee Meeting:** *Thursday, September 6th at 5:30 pm at the 4-H Building on the Fairgrounds.*
- **Summer Flathead 4-H Forum Meeting:** *Thursday, September 6th at 6:30 pm at the 4-H Building on the Fairgrounds.*
- **Horse Committee:** *Monday, September 10th in the EBB 2nd floor conference room at 5:45 pm.*



## **Montana 4-H State Horse Show**

The show will be held in Miles City on September 28-30th. Early registration is due September 7th and all registrations must be postmarked by September 14th at the latest. Entries must be signed by your

Extension Agent **4-H Horses** so please be sure to contact Tammy before mailing them in.



## **MT 4-H Leader's Forum**

The 2012 MT 4-H Leader's Forum will be held in Billings at the Holiday Inn Grand Hotel on September 28-29th. This year's theme is "Honoring the Past, Celebrating the Present, Envisioning the Possibilities". For registrations, stop by the office or go to [http://msuextension.org/2012\\_Leader\\_Forum/forumhome.htm](http://msuextension.org/2012_Leader_Forum/forumhome.htm)



## **Upcoming Activities & Other Meetings**

- ◇ **PBS Montana 4-H Documentary Screenings:** *Monday 9/17 at Columbia Falls High—7pm; Thursday 10/4 at FVCC—7pm.*
- ◇ **4-H End of Year Awards Ceremony:** *Saturday, September 22nd at 5:30 pm in the Expo Building on the Fairgrounds.*
- ◇ **Records and Workbooks:** *Should be turned into your club leaders by September 30th. Independent members are required to turn in records to the Extension Office.*

### **OVERALL 4-H SHOWMANSHIP AWARDS**

Overall Senior Champion Livestock Showman:  
**Kylee Gibson**

Overall Senior Reserve Livestock Showman:  
**Andora Tutvedt**

Overall Junior Champion Livestock Showman:  
**Torri Brewer**

Overall Junior Reserve Livestock Showman:  
**Megan Paulson**

### **4-H LEADERSHIP AWARDS**

Little Chief Award:  
**Brittany Bosely**

Hand-to-Heart:  
**Ian Caltabiano (11-13yrs)**  
**Karsyn Anderson (8-10yrs)**

# Special Edition Fair Award Recipients

## General Projects:

Best Club Booth Display:	Swan River
Club With the Most Entries in General Projects Building:	Grandview Supreme
Best Club Scrapbook:	Dandy Dudes & Dolls
Team Leadership Award:	Samantha Lake
1st Place Self Determined Project:	Garrett Tutvedt
2nd Place Self Determined Project:	Nate Tutvedt
Best Boy Shooting Sports:	Seth Probert
Best Girl Shooting Sports:	Jayne Evenson
High Point Precision:	Mallory Crusta
High Point Pistol Boy:	Tyler Volkman
High Point Pistol Girl:	Alana Townsend
Photography Best in Show:	Mallory Crusta
Photography 2nd in Show:	Hannah Bass
Photography 3rd in Show:	Graden Callan
Most Blue Ribbons in Photography:	Colter Norick
Best Overall Fine Art Senior:	Ramon Saenz
Reserve Fine Art Senior:	Skylar Smith
Best Overall Fine Arts Junior:	Harley Todaro
Reserve Fine Arts Junior:	Harley Todaro
Grand Champion Senior Arts and Crafts:	Logan Lamm
Grand Champion Junior Arts and Crafts:	Francis Saenz
Best Sub Junior Arts and Crafts Exhibit:	Ashley Anderson
People's Choice Award for Arts and Crafts Exhibits:	Logan Lamm
Grand Overall Ceramic Item:	Tierra Johnson
Best Reserve Ceramic Item:	Sarah Johnson

Best Leather Craft Item	Glen Paulson
Best Hand Tooled Leather Craft Item:	Megan Paulson
1st Place Woodworking Project:	Jay Harrison
2nd Place Woodworking Project:	Trevor Weyers
3rd Place Woodworking Project:	Nicolas Ream
Best 1st Yr Woodworking:	Cheyene Ovnicek
Best Exhibit in Mechanical Science, Aerospace, or Small Engines:	Damon Maitland
Best Marigold:	Anna Morrison
Most Blue Ribbons in Vegetable Garden:	Kalle Hanson
Best in Show Zucchini:	Kalle Hanson
Best in Show Potatoes:	Kalle Hanson
Champion Garden Creature:	Kalle Hanson
Champion Fruit Creation:	Kasey Hanson
Grand Exhibit Level 1 Sewing:	Grace Stewart
Reserve Exhibit Level 1 Sewing:	Kiaunna Green
Grand Exhibit Level 2 Sewing:	Melissa Maitland
Reserve Exhibit Level 2 Sewing:	Bethany Lyford
Best Exhibit Handwork:	Melissa Maitland
Best Exhibit in Knitting:	Eileen Crusta
Best Exhibit in Crocheting:	Sarah Johnson
Best Exhibit in Embroidery:	Abigail Boll
Grand Overall Exhibit in Quilting:	Moriah Venable
Best Item Made with Wool:	Emma Pound
Best Cooking 101 Entry:	Zoe Dugan
Most Blue Ribbons in Foods:	Grace Stewart
Best Muffin Entry:	Zoe Dugan
Best Cake Entry:	Grace Stewart
Best Quick Bread:	Graci Stewart
Best Cookie:	Anna Morrison
Best Candy Entry:	Kasey Hanson
Most Blue Ribbons in Canned Foods:	Grace Stewart
Best Jam:	Grace Stewart
Best Pickles:	Mallory Crusta

# Special Edition Fair Award Recipients

## Livestock Projects:

### **Beef Barn:**

Senior Champion Beef Showman:	Andora Tutvedt
Senior Reserve Beef Showman:	Destiny Brewer
Junior Beef Showman:	Megan Paulson
Junior Reserve Beef Showman:	Bailey Johnson
Senior Novice Champion Beef Showman:	Kylee Gibson
Senior Novice Reserve Beef Showman:	Keaton Krantz
Grand Champion Market Beef:	Carter Krantz
Reserve Champion Market Beef:	Destiny Brewer
Top Breeding Heifer or Cow:	Carter Krantz
Beef Fitting Team 1st Place:	Lane Little Sawyer Braaten Chance Ovnicek
Beef Fitting Team 2nd Place:	Bailey Brubaker Andora Tutvedt Lincoln May
Beef Fitting Team 3rd Place:	Megan Paulson Brittany Bosley Kali Brubaker
Champion Beef Carcass:	Kelsey Geldrich
Reserve Champion Beef Carcass:	Kylee Gibson
3rd Place Beef Carcass:	Arik Lybeck
4th Place Beef Carcass:	Charles McAllister
Super Steer Award:	<i>Announced at Sept. 22 Award Ceremony</i>
Club Citizenship:	Swan River 4-H Club
Over the Hill & Above and Beyond the Call of Duty:	Vern Engebritson
<b>Dairy Barn:</b>	
Junior Dairy Showman:	Bethany Lyford
Top Dairy Breeding Heifer or Cow:	Bethany Lyford
Best Kept Pens & Stalls:	Bethany Lyford
Club Citizenship:	Bethany Lyford

### **Sheep Barn:**

Senior Champion Sheep Showman:	Lindsay Strouse
Senior Reserve Sheep Showman:	Lynsey Potter
Junior Champion Sheep Showman:	Kali Brubaker
Junior Reserve Sheep Showman:	Karly Hanson
Senior Novice Champion Sheep Showman:	Emily Hilde
Senior Novice Reserve Sheep Showman:	Jamie Jung
Junior Novice Champion Sheep Showman:	Amanda Bush
Junior Novice Reserve Sheep Showman:	Anna Morrison
Champion Market Lamb:	Karly Hanson
Reserve Champion Market Lamb:	Lauren Falkner
Champion Sheep Carcass:	Austin King
Reserve Champion Sheep Carcass:	Caitlin Morrison
3rd Place Sheep Carcass:	McKenna Salminen
4th Place Sheep Carcass:	Hayden Hansen
Club Citizenship:	Rocky Mt. Blue Ribbon 4-H Club
Over the Hill and Above and Beyond the Call of Duty:	Kim Sutton
<b>Goat Barn:</b>	
Senior Champion Dairy Goat Showman:	Destiny Brewer
Senior Reserve Dairy Goat Showman:	Isaac Saenz
Junior Champion Dairy Goat Showman:	Torrie Brewer
Junior Reserve Dairy Goat Showman:	Alexis Faulk
Best Junior Educational Display:	tie - Abby & Kaylee Fritz
Best Grade in Show:	Riley Loff
Best Udder in Show:	Destiny Brewer
Best Nubian in Show:	Eric Eberhart
Best Pack Goat in Show:	Riley Loff
Grand Champion Meat Goat:	Isaac Saenz
Club Citizenship:	tie - Riley Loff & Alexis Faulk



# Special Edition Fair Award Recipients

## Livestock Projects:

### Hog Barn:

Senior Champion Hog Showman:	Kylee Gibson
Senior Reserve Hog Showman:	Brittany Bosley
Junior Champion Hog Showman:	Trevor Malloy
Junior Reserve Hog Showman:	Cheyene Ovnicek
Senior Novice Champion Hog Showman:	Julia Denna
Senior Novice Reserve Hog Showman:	Quinn Glazier
Junior Novice Champion Hog Showman:	Courtney Rufenach-Tu
Junior Novice Reserve Hog Showman:	Garrett Fenster
Champion Market Hog:	Lineesa Abernathy
Reserve Champion Market Hog:	Andrew Bratz
Creative Educational Display by Club or Chapter:	Rocky Mt. Blue Ribbon
1st, 2nd and 3rd Place Best Kept Pen:	Brendan Barnes, Brittney Brutscher & Kassidy May
Champion Swine Carcass:	Ryan Ek
Reserve Champion Swine Carcass:	Bryer Anderson
3rd Place Swine Carcass:	Lineesa Abernathy
4th Place Swine Carcass:	Julia Denna
Club Citizenship:	Rowdy Ropers
Over the Hill and Above and Beyond the Call of Duty:	Casey Olson

### Dog Barn:

Senior Champion Dog Handler:	Destiny Brewer
Senior Reserve Champion Dog Handler:	Tashia Dutton
Junior Champion Dog Handler:	Halli Tyler
Junior Reserve Champion Dog Handler:	Torri Brewer
Novice B Champion:	Kane Shenyer
Novice B Reserve Champion:	Jess Ream
SubNovice A Champion:	Shea McGuinness
SubNovice A Reserve Champion:	Mesa McKee
SubNovice B Champion:	Bradly Findly
SubNovice B Reserve Champion:	Jayde Conrad

### Dog Barn Continued:

Novice Dog Rally Champion:	Shea McGuinness
Novice Dog Rally Reserve :	Jayde Conrad
Advanced Dog Rally Champion:	Kane Shenyer
Advanced Dog Rally Reserve:	Halli Tyler
<b>Llama Barn:</b>	
Champion Sr. Showman:	Brandon Hendrickson
Champion Jr. Showman:	Hank Crenshaw
Reserve Jr. Showman:	Brittany Hendrickson
Supreme Light-Med Wool:	Cody Bicknell
Supreme Heavy Wool:	Hank Crenshaw
Supreme Suri Wool:	Emma Pound
Supreme Alpaca:	Emma Pound
Supreme Mini Llama:	Brandon Hendrickson
Supreme Walking Fiber Llama:	Hank Crenshaw
Supreme Walking Fiber Alpaca:	Juan Sanchez
Champion Sr. Obstacle:	Brandon Hendrickson
Champion Jr. Obstacle:	Amanda Bicknell
Champion Pack String:	Emma Pound
Champion Breeding Pair:	Emma Pound
Champion Costume Class:	Amanda Bicknell
Best of Show Overall:	Hank Crenshaw
4-H Showmanship:	Cody Bicknell
Participants Jr./Sr. Judging:	Amanda Bicknell Cody Bicknell Emma Pound

### Mini Horse:

Senior Champion Mini Showman:	Cheyenne Lembrich
Jr. Champion Mini Showman:	Krystal Sutton
Jr. Reserve Champion Mini:	Madeline Sutton
Ground Driving Champion:	Krystal Sutton
Jr. Obstacle Champion:	Sarabeth Rogge
Sr. Obstacle Champion:	Cheyenne Lembrich
Driving Champion:	Krystal Sutton
Jr. Costume Contest:	Maddie Sutton

# Special Edition Fair Award Recipients

## Livestock Projects:

### Horse Barn:

Senior Horse Showman:	Andora Tutvedt
Senior Reserve Horse Showman:	Moriah Probert
Junior Horse Showman:	Tommy Diegel
Junior Reserve Horse Showman:	Amanda Tombarge
Pre-Junior Horse Showman:	Blayke Foppiano
Pre-Junior Horse Reserve Showman:	Kyla Johnston

Novice Horse Showman:	Makenzie Harvey
Novice Reserve Horse Showman:	Ella Johnson

Top Notch Horse Sportsman:	Ahna Fox
Yearling to Five Year Old:	Sarah Tompson

1st Place Decorated Stalls:	Dandy Dudes & Dolls
2nd Place Decorated Stalls:	Hilltop Riders

Champion Educational Poster:	Moriah Probert
Reserve Champion Education Poster:	Kyla Johnston
Champion "Me & My Horse" Poster:	Moriah Venable
Reserve Champion "Me & My Horse" Poster:	Kaj Haagerup

### Poultry Barn:

Senior Poultry Showman:	Brittany Bosley
Senior Reserve Poultry Showman:	Michaela Nelson

Junior Poultry Showman:	Brittany Hendrickson
Junior Reserve Poultry Showman:	Tobias Diegel

Senior Novice Poultry Showman:	Tierra Johnson
Senior Novice Reserve Poultry Showman:	Mary Tracey

Junior Novice Poultry Showman:	Hanna Bass
Junior Novice Reserve Poultry Showman:	Wyatt Todaro

Best Overall Bird Exhibit:	Lindsey Wendt
Best Large Breed Chicken:	Sarah Johnson
Best Overall Bantam Exhibit:	Paige Glazier
Best Rooster of Show:	Lindsey Wendt
Best of Show Turkey:	Bill Bramlet
Best Waterfowl Exhibit:	Emma Pound
Best Senior Egg:	Brittany Bosley
Best Junior Egg:	Zack Kendall

### Poultry Barn Cont:

1st Place Jr. Poster Contest:	Wyatt Green
2nd Place Jr. Poster Contest:	Sarah Johnson

1st Place Sr. Poster Contest:	Brittany Bosley
2nd Place Sr. Poster Contest:	Melissa Johnson

Club Citizenship:	Mary Tracey
-------------------	-------------

### Rabbit Barn:

Senior Rabbit Showman:	Brittany Bosley
Senior Reserve Rabbit Showman:	Melissa Johnson

Junior Rabbit Showman:	Emma Trunkle
Junior Reserve Rabbit Showman:	Tommy Diegel

Senior Novice Reserve Rabbit Showman:	Moriah Venable
---------------------------------------	----------------

Junior Novice Rabbit Showman:	Alexis Faulk
Junior Novice Reserve Rabbit Showman:	Emma Pound

Best Rabbit of 4-H/FFA Show:	Melissa Johnson
Reserve Rabbit of 4-H/FFA Show:	Graden Callan

Best Grad of Show:	Graden Callan
Overall Judges Choice— Costume Parade:	Hailey Timlick

The Best Matched Pair:	Emma Pound
The Most Comical Costume:	Graden Callan
The Most Creative Costume:	Sara Harrison

1st Place Jr. Poster Contest:	Hailey Timlick
2nd Place Jr. Poster Contest:	Makenna Hartle

1st Place Sr. Poster Contest:	Melissa Johnson
2nd Place Sr. Poster Contest:	Brittany Bosley

Club Citizenship:	Jaelyn Faulk
-------------------	--------------

Junior Pocket Palls Showman:	McKenna Couch
Best in Show—Hamster:	McKenna Couch
Best in Show—Guinea Pig:	Kim Miller
Best in Show—Other Small Animal:	Mary Tracey
Grand Jr. Poster Contest:	Abri Turner
Reserve Jr. Poster Contest:	Kim Miller





## MSU Extension Service – Flathead County

### Patricia McGlynn

Agriculture, Natural Resource & Community Development Extension Agent

### Tammy Walker

4-H & Youth Development Agent

### Shelley Struck

Support Staff

### Nancy Roberts

SNAP Educator

### Linda Watters

Cherry & Grape Research Assistant

### Mailing:

800 South Main St.  
Kalispell, MT 59901

### Physical:

1035 1st Avenue West  
Earl Bennett Building 2nd Floor  
Kalispell, MT 59901

**Phone:** (406) 758-5553

**Fax:** (406) 758-5881

**Email:** [extension@flathead.mt.gov](mailto:extension@flathead.mt.gov)

**Web:** <http://flathead.mt.gov/extension>

### State Web Sites:

[www.msuextension.org](http://www.msuextension.org)

[www.montana4h.org](http://www.montana4h.org)

## SNAP Recipe of the Month



### Crispy Granola

Yield: 12 servings • Serving: ½ cup

2 egg whites  
⅓ cup honey  
1 teaspoon ground cinnamon  
1 teaspoon vanilla  
Dash salt  
3 cups uncooked rolled oats

½ cup chopped pecans or other nuts, optional  
½ cup raisins, dried cranberries, or other dried fruit, optional

1. Preheat oven to 325°F. Spray a large shallow baking pan with non-stick cooking spray; set aside.
2. Put egg whites in large bowl and use a whisk or fork to mix until frothy. Stir in honey, cinnamon, vanilla, and salt.
3. Add oats plus nuts and/or dried fruit, if desired. Stir until oats are coated with egg mixture. Spread oat mixture evenly on prepared baking sheet.
4. Bake about 25 to 30 minutes until golden brown; stir mixture carefully every 5 or 6 minutes to prevent overbrowning. Remove pan to wire rack and cool completely until crispy and crunchy. Store in an airtight container. Freezes well.

**PER SERVING:** CALORIES 150 • FAT 5 G • PROTEIN 4 G • CARBOHYDRATE 26 G • FIBER 3 G

Recipe courtesy of Iowa State University Extension 2010 Calendar

*Supplemental Nutrition Assistance Program Education enables young families, single recipients and seniors to learn how to best use their food stamp dollars in providing healthy nutrition for themselves and their families. Adults can sign up for a 6 week course that is fun and provide the basic concepts of good nutrition. The only requirements to join in the classes are: that a person is receiving WIC assistance; either receiving food stamps or are eligible to receive them; or are getting commodity foods. Please call Nancy at the Flathead County Extension office at 758-2448 to sign-up for classes.*

The U.S. Department of Agriculture (USDA), Montana State University and the Montana State University Extension prohibit discrimination in all of their programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, and marital and family status. Issued in furtherance of cooperative extension work in agriculture and home economics, acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture, Douglas L. Steele, Vice President of External Relations and Director of Extension, Montana State University, Bozeman, MT 59717